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Give
thanks

Happy Thanksgiving! We hope that you have
a LOT to be grateful for!
We sure do!

October - November 2017 Update from the Brakes



A photo of the MTI facility during this program.
Snow in the morning, Sun in the afternoon

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so we can keep accurate track of you!

Going Deep

We are amazed at how we are able to work alongside the Lord in his work.

One of the most significant ways that we're able to do this is in Coaching. We each work with 4 couples or singles during the program to push deeply into marriages, issues of the heart and other make-or-break issues people go through in preparation for and on the mission field.

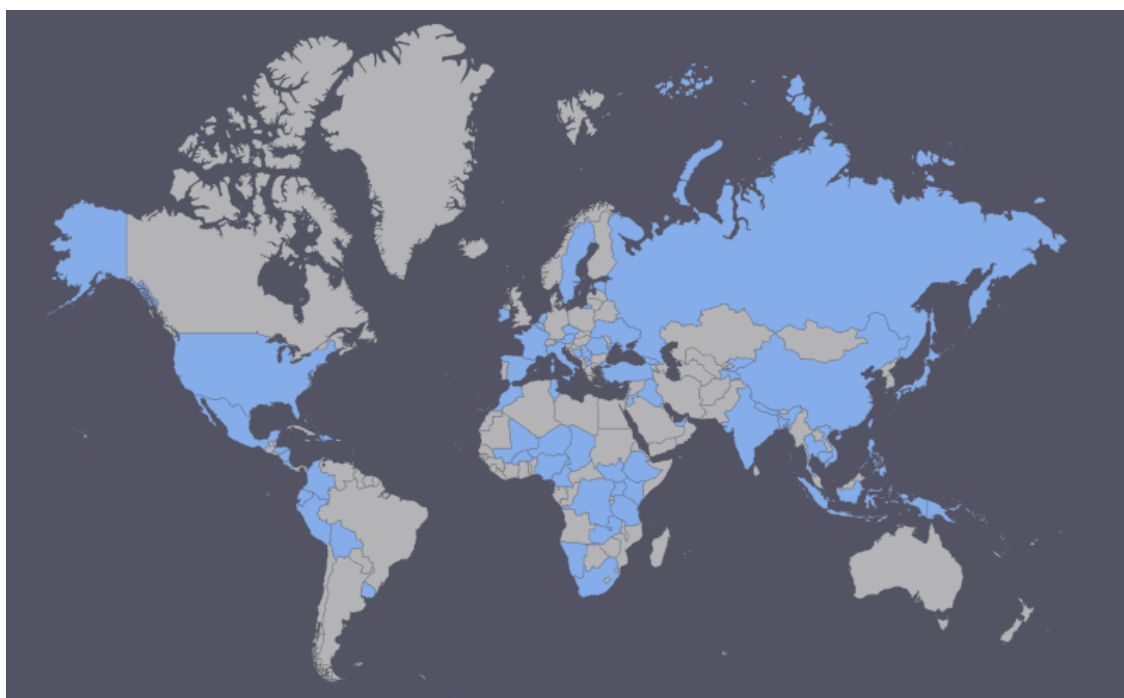
We are honored to be allowed to go to these deep places of the heart with our participants. In the current program, we are deeply engaged in pursuing marriage health. The stress of support development, maintaining difficult schedules, working with invitations and visas and work documents put a heavy burden on missionaries as they prepare for deployment.

Our mission at MTI is to see cross-cultural messengers of the Gospel experience effectiveness, endurance and personal vitality. But so often in the process of preparing to go, they are burned out and tired as they arrive in country!

We so strongly encourage the practice of rest and Sabbath during our trainings, but so many of us just don't know how to do this well. Here is an excellent article about this practice in the [context of missions](#).



a snapshot of one of our active training modules



The impact on the World from Compass 2017

Kids Korner

Gideon: I love going to preschool. I'm learning all about the funny sounds that letters make and I'm trying to figure out why one letter can make more than one

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to run in my first race ever this last month. I really like running it around the lake. I got to run dressed in a costume. Mommy was really happy to run with me (she used to run in college too). I love our community group each week. Miss Lori comes over to watch all of us kids while mommy and daddy study the Bible with their friends from church.

Lucy: Presents? That's my favorite thing right now. I just turned 2! We had a party and my Mamaw and Papaw came out to visit me. I love my baby doll and stuffed animals and I like to feed them and give them medical checkups. I go see lots of doctors, so I know how to give a good medical checkup. I can even say, "stefoscope" My hair is finally long enough for pigtails and I like them. I've been to see some new doctors recently and I'm being followed for potential asthma. We're all hoping that I make it through the winter with less respiratory illness, because of some preventative medicine I take now. On Wednesdays I get to go to Puggles. It's the little kid program at Awana. While mommy and daddy are teaching in Sparks, Gideon is memorizing Bible verses and playing fun games in Cubbies.



Family Updates

We continue to be a family visiting doctors. Amy will be having outpatient surgery next week on Wednesday. Please pray for this procedure and for a quick recovery. Jeff had to have a minor foot surgery to fix an infected ingrown toenail that got pretty bad due to immunosuppression.

SPECIAL PRAYER: Lucy has Pneumonia (again) and has been having lots of visits to doctors. She is a professional. Gideon has decided maybe that instead of being a vet he should be a people doctor. He certainly knows more than most 4-year-olds!

Thank you so much for your prayers and your support of us! It means so much!

We are really enjoying being well-connected at church. Gideon is in Awana and

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Prayers and Praises

- The Neighborhood party we mentioned in the last update has produced a lot of fruit! Yes!
- Both of us are developing some deeper friendships in Colorado. Please pray that we continue to connect and put down roots here.
- Pray for the health of our family. Lucy - Pneumonia, Amy - surgery upcoming, Jeff - recovery from foot procedure, Gideon - stay healthy!
- For our financial needs. With our medical bills, the holidays, and the cost of living increase in America - we are needing to raise additional monthly support.

 [Facebook \(Jeff\)](#)

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